

**Charity**



**Come & have some Fitness Fun on the beach. All for a great cause.**

**Saturday 28th April**

**10:00 – 12:00**

**2 Personal Trainers**

**Seaton Sluice Beach**

(meet in car park up from the Astley Arms towards round a bout)

**£10pp All to St Oswald’s**

**Call Laura to book 07921141036**

**Email:-** **laurasbootcamps@mail.com**